

RESIDENT PROGRAM: Full-Season and Half-Season

The ALC program provides maximum benefit to campers who attend the full-season. This seven-week period allows a camper ample time for adjustment and enables her to take full advantage of the many opportunities offered. Our extensive program is geared to individual interests and abilities and offers more and more challenges as the camper returns for each succeeding summer.

For those parents seeking a quality camping experience for their daughter, but for a shorter period of time, we offer the half-season option. There are advantages to either session and the director would be pleased to advise on this matter. **NOTE:** Should Session I campers want to stay on for the full season after they have been in camp, they will be accepted only as space allows.

GATHERINGS

There will be several ALC gatherings which provide an opportunity to meet the director, other parents, campers and staff; and to see a video of camp. These will likely take place in the following areas: Portland, ME; Boston, MA; Greenwich, CT; New York, NY; Princeton, NJ; Philadelphia, PA; Washington, DC; Cleveland, OH, and Chicago, IL. and Norfolk, VA. For further details, please contact ALC's winter office.

APPLICATION

The resident camp program is limited to 175 campers and early enrollment is advised. We highly encourage families to enroll as early as possible to ensure a space for your camper.

All applications are handled on a first-come, first-serve basis. Consequently, it is advisable to mail your enrollment as soon as you have determined that ALC is the place you want to be.

To register your camper, complete the attached enrollment application form and send it to us with the \$750 tuition deposit. Please also include a current photograph of the camper.

The director feels it is often advisable to meet with prospective campers and her parent(s) prior to enrollment.

The director reserves the right to dismiss any camper if, in her opinion, it is considered in the best interests of the camper and/or the group.

TUITION

Tuition for resident campers covers all camp activities including trips and riding. Also included in the cost of registration: bedding (sheets, pillows and blankets supplied by ALC); laundry for the season; camper/CT supplies (e.g. flashlight supplies, shampoo, ALC address book, ALC song book, special texts for courses.) Not included are the possible charges listed below and the cost of the required official camp clothing. Tuition for international trips includes the cost of registration and airfare, but does not include suggested personal spending money. A tuition deposit of \$750 is required upon registration. **This \$750 deposit is non-refundable.** One-half of the remaining tuition is due by February 1st and the balance is due by June 1st.

NOTE: Once camp has started, no reduction of tuition is made for late arrival or early departure of a camper. Additionally, if an international trip camper withdraws, the entire tuition is non-refundable.

PRE-CAMP CHARGES (if any)

- Chaperoned bus trip to camp (cost based on pick-up point)
- Overnight accommodations in Boston on June 21st
- Airline unaccompanied minor charges incurred by ALC

AFTER-CAMP CHARGES (for example):

- Long distance calls/faxes on behalf of camper
- Orthodontist or dentist appointments
- Transportation for other than scheduled camp program(s)
- Chaperoned bus trip home (cost based on destination)
- Shipping charges for luggage/trunk sent home
- Prescriptions and incidental medical charges
- Airline unaccompanied minor charges incurred by ALC

MEDICAL INSURANCE

Campers will be covered by their family's medical policy. Parents will be asked to provide medical insurance information before camp. Should your camper experience any illness or accident while in camp, ALC will see that she/he receives the finest medical treatment in our area. Drs. Jeff and Elizabeth Wall, our non-resident pediatricians, treat our campers for general illness without charge. However, if a referral is made, the medical bills from the specialist or hospital will be sent to parents for payment. Overseas campers should make arrangements for U.S. insurance coverage. Prescriptions and minor medical charges incurred will be billed to you after camp is finished.

OFFICIAL ALC CLOTHING - REQUIRED FROM OUR OUTFITTER

- 6 ALC shorts (4 blue, 2 white)
- 9 T-shirts with ALC insignia (6 blue, 3 white)
- 1 navy sweatshirt with ALC insignia

Resident campers must have the above items, acquired through our outfitter, Maine Camp Outfitters (MCO). Their order information will be mailed to parents of enrolled campers in early spring. Most campers will have at home the additional items needed for the camping experience. If not, they may be purchased locally or from the outfitter. Cost of official camp clothing is not included in tuition and is paid directly to MCO.

TUTORING

Reading is encouraged and many campers arrive with summer reading lists. Should additional help be needed in a specific subject, we will offer tutoring if we have a qualified staff member. However, we prefer that tutoring be done before and/or after camp so that the camper has a real break from academics. Our tutoring rate is \$50 per hour.

VISITING POLICY

Whenever you visit, it should be relaxed and enjoyable for both campers and visitors. We want you to see your camper in her natural setting and to enjoy camp. **Parents are welcome to visit camp at any time after the first 10 days and before the last 5 days of their camper's session.** Because of limited space in our dining room, if your visit occurs over a mealtime, we suggest that you bring a picnic to share with your camper. For the health and happiness of the campers, Alford Lake Camp has a policy that no camper be invited out of camp at any time. The director appreciates your cooperation in requesting no exceptions. Please note that ALC maintains a smoke-free and chemical-free environment.

During the camp season, there will be a special day or weekend set aside for welcoming parents and families to ALC. The dates for Visitors Weekend for the 2010 season will be July 16-18.

TRAVEL TO AND FROM CAMP

On Monday, June 21st and Tuesday, June 22nd, ALC counselor chaperones will meet campers flying into Boston and Portland, Maine and accompany them to camp on chartered buses. Chartered buses with chaperones will also bring campers from New York City and Darien, CT. There will be similar arrangements for the return trip home from camp on Monday, August 9th.

Mid-season trip home for Session I campers and trip to camp for Session II campers: On July 16 and July 18, there will be transportation provided to the Portland airport and Boston Logan airport only.

Detailed travel instructions, as well as other pertinent information, will be sent to parents of enrolled campers.

We've tried to be thorough with our information, but realize that you may have individual needs or questions.

Please contact us with any comments! We will appreciate your feedback!



ALFORD LAKE CAMP

Hope, Maine 04847 • Founded 1907

Please attach a recent photo of camper
(size can be bigger or smaller than this space)

enroll online @ www.alfordlakecamp.com

Camper's Name _____ Nickname (if preferred) _____
First MI Last

Home Address _____ Home Phone (_____) _____
please include country code if international

City/Town _____ Fax (_____) _____
please include country code if international

State _____ Zip Code _____ Camper E-mail _____

Camper's Age as of June 30, 2010 _____ Camper's Date of Birth _____
month / day / year

Camper's Present Height: _____ Camper's Present Weight _____

Current School _____ Completing grade _____ by June, 2010

Religious Preference (if any) _____ Other Information _____

We will send a detailed questionnaire concerning personal traits and special interests of new campers close to the time of camp opening. Parents of returning campers will have a chance to send us updated information at that time as well.

PLEASE INDICATE PROGRAM INTEREST:

- Full Season (6/22-8/9/2010)
- Junior CT (6/15-8/9/2010)
- ALC Abroad XXVII (6/22-8/9/2010)
- Session I (6/22-7/16/2010)
- Senior CT (6/15-8/11/2010)
- Alps II (Dates TBA)
- Session II (7/18-8/9/2010)
- AMT XXXVI (6/22-8/9/2010)
- Nova Scotia XIV (6/22-8/9/2010)

Parent(s) with whom camper lives at above address:

PARENT FULL NAME _____ PARENT FULL NAME (if last name different) _____

Dr./Mr. _____ Dr./Mrs./Ms. _____

Father's Occupation/Profession: _____ Mother's Occupation/Profession: _____

Day Phone: _____ Day phone: _____

Please indicate how you would like parent(s) name(s) to appear on address labels: _____

Parent(s) not listed above who should receive duplicate parent mailings and forms:

Bills should be sent to: (If different from above home address)

Dr./Mr./Mrs./Ms.: _____ Dr./Mr./Mrs./Ms.: _____

Address: _____ Address: _____

City/Town: _____ City/Town: _____

State: _____ Zip Code _____ State: _____ Zip Code _____

Telephone (_____) _____ Telephone (_____) _____

E-mail: _____ E-mail: _____

(Please continue on back)

TO COMPLY WITH AMERICAN CAMPING ASSOCIATION STANDARDS, PARENTS ARE REQUIRED TO COMPLETE THIS FORM EACH YEAR

I would like to receive camp newsletters and information by: e-mail or post



where values matter & people thrive



Brothers: (names and birthdates) _____
 Sisters: (names and birthdates) _____
 Other camps attended, if any: (Please give name of camp and year attended) _____
 We first learned about Alford Lake Camp through: _____
 Please list any relatives who have attended (or are presently attending) Alford Lake Camp: _____

 About when? _____

 About when? _____

 Family Physician _____ Phone (____) _____
 Pediatrician _____ Phone (____) _____

We occasionally use photographs of campers in our booklet, newspaper, website and other publications. Please indicate and sign below if our use of an appropriate and tasteful photograph is agreeable to you. Also, please tell us if we can add you to our referral list.

I hereby consent to and authorize the reproduction, publication and use by Alford Lake Camp of a photograph, video or likeness of my child or children.

I hereby authorize Alford Lake Camp to include my (our) name(s), addresses, telephone numbers, and e-mail addresses on referral lists published to prospective and new campers.

No, please do not use photographs or videos of my child or children, except in the event they are part of a large group or panoramic view.

No, please do not include us on your referral lists.

By completing and signing this Application, you hereby authorize us to enroll your camper in Alford Lake Camp for the 2010 season and grant permission for your camper to participate in all activities which Alford Lake Camp offers its campers.

Parent/Guardian Signature _____ Date _____
 Parent/Guardian Signature _____ Date _____

PAYMENT INFORMATION

Our standard payment plan for our summer experience is:

Pay in full at time of enrollment OR A non-refundable deposit of \$750 due with application of balance due Feb. 1st First payment of 50% of balance due June 1st via check or credit card

You may explore additional payment options by enrolling with us online at www.alfordlakecamp.com or by calling our office.

Credit Card Number: _____ Expires: ____/____/____

Name as it appears on credit card: _____

Address: _____ (if different than already indicated)

Signature of card holder: _____

Please find my deposit check for \$750 enclosed.

Please find my check for the full tuition enclosed.

I am an international camper. My \$750 deposit (in U.S. funds) is either enclosed or applied to my credit card.

After camp charges may be charged to my credit card.

Please make checks payable to **Alford Lake Camp** and mail to: 5 Salt Marsh Way • Cape Elizabeth, ME 04107
 Telephone: (207) 799-3005 • Fax: (207) 799-5044 • e-mail: explore@alfordlakecamp.com • www.alfordlakecamp.com

enroll online @ www.alfordlakecamp.com



ALFORD LAKE CAMP



Sue McMullan, Certified Camp Director
 Jean McMullan, Consulting Director • Betsy Brayley, Assistant Director

Winter Address: 5 Salt Marsh Way, Cape Elizabeth, Maine 04107 • Tel. 207-799-3005; Fax 207-799-5044; e-mail: explore@alfordlakecamp.com
 Summer Address: 258 Alford Lake Road, Hope, Maine 04847 • Tel. 207-785-2400; Fax 207-785-5290; e-mail: explore@alfordlakecamp.com

enroll online @ www.alfordlakecamp.com

GLOBAL CHALLENGES

Appalachian Mountain Trail XXXVI
 10 BOYS & GIRLS - completing 8th, 9th or 10th grade.
 ALC offers to selected campers this high challenge backpacking trip. Beginning in Baxter State Park in Maine, this group hikes on the Appalachian Trail through Gulf Hagas, the Bigelows, the Saddleback and Rangeley areas, with a challenging finale in the Ma-hoosuc. Hikers keep a personal journal and learn basic first aid. Emphasis is on developing the individual's responsibility in a small, self-contained community and on gaining habits which are ecologically sound. Interest in this program should be expressed to the directors, as it is by invitation only.

Nova Scotia XIX
 8 BOYS & GIRLS - completing 8th, 9th or 10th grade.
 This exciting wilderness trip is going into its tenth season! Campers spend a total of 6 weeks in Nova Scotia. Three weeks will be spent in a boat-building program, and three weeks will be spent sailing with the Nova Scotia Sea School, on a twenty-six foot Sable Pulling Boat. Interest in this program should be expressed to the directors, as it is by invitation only.

ALC Abroad XXVII
 10 GIRLS - completing 8th, 9th or 10th grade.
 Campers will stay on a farm in Northern Ireland and in pre-arranged youth hostels in Ireland, Scotland and England. Interest in this program should be expressed to the directors, as it is by invitation only.

Alps II
 12 GIRLS & BOYS - completing 8th, 9th or 10th grade.
 Alford Lake Camp offers a five week hut to hut hiking adventure through France, Italy and Switzerland. This trip will include a community service portion, as well as glacier hiking, white water rafting, canyoning, rock climbing and a chance to work with the world renowned Chamoni Guides. Interest in this program should be expressed to the directors, as it is by invitation only.

ALFORD LAKE FAMILY CAMP
 ~ A Natural Tradition ~
 After the resident camp program ends, Family Camp for adults and children of all ages. This is a wonderful opportunity for families, groups or individuals to enjoy a low cost vacation in a simple camp setting. DATES: August 11 - August 15, 2010
 COST: Adults: \$135.00 per night; Children 5-15: \$80.00 per night; Children under 5 years free
 Cost includes accommodations, program and meals. A \$100 deposit is required with reservation. Contact us at ALC for details. A Family Camp reservation form will be sent upon request.



RESIDENT CAMP PROGRAM

175 GIRLS - completing 2nd - 9th grades (ages 8-15)
 Alford Lakers gather from many states and countries. Large white platform tents nestled near clear and beautiful Alford Lake have meant "camp" for generations of values-oriented ALC campers. DAILY PROGRAM CHOICES feature SPORTS FOR A LIFETIME, community service and games; THE ARTS (drama, dance, gymnas-tics, art, library, singing, creative writing); WILDERNESS SKILLS (canoeing, challenge courses, and nature exploration) learned on ALC's extensive 400+ acre property; and WILDERNESS TRIPS to mountain, lake, river, ocean and island areas for 1 - 5 days. The teaching staff includes a number of former campers and Counselor Trainees: the ratio of staff to campers is 1:3. This loyal staff inspires continuity and spirit in all ALC programs.

Full Season
 This option is highly recommended as it maximizes the ALC in-camp experience.
 DATES: June 22 - August 9, 2010
 TUITION: \$7500 (\$750 is due upon registration)

Half-Season Sessions
 This option is for those campers who, for various reasons, are unable to attend camp for the full season.
 SESSION I June 22 - July 16, 2010
 SESSION II July 18 - August 9, 2010
 TUITION: \$5250 (\$750 is due upon registration)

COUNSELOR TRAINING PROGRAMS
Junior Counselor Training Program
 Jr. CTS: up to 12 GIRLS - completing 10th or 11th grade.
 By invitation only, this is a professional training program with courses in Red Cross First Aid and Lifeguard Training, ALC Advanced Canoeing, Philosophy of Camping, etc., including some supervisory experience with campers. CTS train with our teaching staff at ALC's pre-camp for six days before campers arrive.
 DATES: June 15 - August 9, 2010
 TUITION: \$6500 (\$750 is due upon registration)

Senior Counselor Training Internship Program
 Sr. CTS: up to 6 GIRLS - completing 11th or 12th grade.
 By invitation only, this is an apprentice teaching internship with emphasis on assisting in two camp activities throughout the summer. Sr. CTS, like regular teaching staff, have counselor privileges including regularly scheduled time off each week. CTS train with our teaching staff at ALC's pre-camp for six days before campers arrive.

LOCATION
 Alford Lake Camp is located in Hope, inland from the picturesque seacoast towns of Camden and Rockport, Maine. Open fields, deep woods, extensive lake frontage and surrounding hills combine to make a beautiful and secluded camp setting.

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