

# ALFORD LAKE CAMP

**140 GIRLS completing 2nd-9th grade; Full Season - 7 weeks, Half Season - 3 ½ weeks**

*We encourage families to enroll as early as possible to ensure a space for your camper. All applications are handled on a first-come, first-served basis.*

The ALC program provides maximum benefit to campers who attend the full season. For those parents seeking a quality camping experience for their daughter, but for a shorter period of time, we offer the half season option. There are advantages to either session and the director would be pleased to advise on this matter. Should Session I campers want to stay on for the full season after they have been in camp, they will be accepted as space allows.

ALC Alumnae hail from 50 states and territories and more than 55 countries. The majority of ALC's teaching staff are former campers. The ratio of staff to campers is 1:3. This loyal staff inspires continuity and spirit in all ALC programs. Large platform tents nestled near clear and beautiful Alford Lake have meant "camp" for generations of ALC campers.

## **ALC's Structured Choice Program**

Each ALC camper chooses activities from within a structured schedule to create her own unique experience each day. No two campers participate in the same program.

## **ACTIVITIES INCLUDE:**

- Archery
- Art/Basketry / Ceramics
- Canoeing
- Climbing wall
- Community Service
- Drama
- Dance
- Field sports
- Gymnastics
- High/low ropes course
- Kayaking
- Library
- Outdoor Living Skills
- Paddle boarding
- Riding
- Sailing
- Swimming
- Tennis
- Wilderness Trips

## **GLOBAL CHALLENGE TRIPS**

ALC offers four extended trips as an option for our oldest campers. These trips are by invitation only.

### **ALPS - 8th, 9th or 10th graders**

Campers spend 5 weeks hiking in France, Italy, and Switzerland. Highlights include glacier hiking, whitewater rafting, canyoning, rock climbing, and the Tour du Mont Blanc.

### **Appalachian Mountain Trip - 9th or 10th graders**

Campers spend 7 weeks hiking the entire Appalachian Trail in Maine. Emphasis is on developing the individual's responsibility in a small community and on awareness of habits which are ecologically sound.

## **COUNSELOR TRAINING PROGRAM**

ALC offers a two-year sequential counselor training program for select 10th and 11th grade ALC Campers. The **JR. CT** program focuses on acquiring skills and certifications needed to be a counselor, while the **SR. CT** summer is a paid apprentice teaching program.

## **TO LEARN MORE:**

We would love to schedule a virtual or in-person meeting with prospective families to help you learn more about the ALC experience. Email [explore@alfordlakecamp.com](mailto:explore@alfordlakecamp.com) or call (207)785-2400 to connect with a member of our leadership team.