

2026 ALFORD LAKE CAMP PACKING LIST

CAMPER'S NAME:

(30" footlocker - please tape this list inside the lid of the trunk or keep inside duffel)

****Please do not send any clothing not on the list, except for perhaps a colorful shirt and pair of shorts for use during special occasions.****

In order to avoid lost items, **EVERYTHING** must be clearly marked with: **SEWN-ON NAME TAPES** (MCO will sew in if clothing is ordered by May 1) OR if you choose to use stick-on clothing labels, please test them to make sure they do not come off in the laundry. Sewn-on name tags are definitely the most reliable way to avoid lost clothing.

ITEMS FOR PACKING	# needed	NOTES	#packed at home	# packed at camp
REQUIRED - OFFICIAL ALC CLOTHING available only through Maine Camp Outfitters (MCO)				
ALC Navy Shorts:	4	At least 1 pair of shorts must be jam style or flat front.		
• ALC "Jam" style				
• ALC "Flat front" shorts				
• ALC Mesh shorts with logo				
ALC Blue T-Shirts with logo	4	Campers may choose either ALC logo style		
ALC White T-Shirts with logo	2	Campers may choose either ALC logo style		
ALC Navy Sweatshirt	1	Either hooded or crew with ALC logo		
OTHER NECESSARY CLOTHES - Items with * are available from MCO or you may purchase elsewhere with no logos				
Fleece type jacket*	1	Navy blue preferred but not required - we can get some cold days!		
Navy sweatpants*	1	Can have ALC logo- otherwise they need to be plain		
Short sleeve navy or white wicking shirt* (optional)	1	Good for Out of Camp Trips, MCO's has ALC Logo		
Long sleeve white t-shirt*	1	MCO's has ALC Logo		
Blue jeans	2			
Socks: cotton crew*	12			
Underwear	12			
Sleepwear*	2-3	For both warm and cool nights; Many campers wear t-shirts & athletic shorts on warm nights. Inside tip: bring tees & shorts of different colors as pajamas - they can also be worn for special events.		
Swimsuit*	2 or 3	Please note swimsuit policy in the Parent Handbook		
White bathing caps*	2	Must be white for safety		
Swim goggles*	1			
Warm bathrobe (Optional)	1			
Waterproof rain jacket with hood*	1	Rain amounts vary, but it is critical for your camper to have good rain gear. Note: wind jackets and rain jackets are very different. Wind jackets are not waterproof.		
FOOTWEAR				
Sneakers	2			
Crocs or Teva/Keen type sandals	1	Sandals must be waterproof & have a back strap that goes around the heel.		
Rain boots	1			
Flip-flops (Optional)	1	For showers		
PERSONAL ITEMS- See handbook re: biodegradable toiletries - please make sure all items are free of nut ingredients (coconut and shea butter are ok)				
Water bottles*	2	1 quart size, Nalgene brand recommended as they can be washed easily.		
Toiletries		including toothbrush & toothpaste, soap, shampoo, deodorant, brush/comb, shower caddy (optional)		
Flashlight and/or headlamp	1-2	Please pack three sets of batteries		

Crazy creek type chair* (Optional)	1	These are very popular in camp!		
Sunblock & Insect repellent		Waterproof & non aerosol spray		
Stationery, STAMPS , pens/pencils		Inside tip: peel & seal envelopes are helpful in the humidity!		
ALC songbook		New campers will receive one at camp		
Books (Optional)		Books can be loaned out from our library, if preferred		
Camera (Optional)		Please clearly label all cameras, cases and cords!		
Musical Instrument (Optional)		We can hold this in the office for safe keeping		
Stuffed Animal & family photos (Optional)		Push pins help to hang photos in the tent		
Sudoku & puzzle books, deck of cards, small games, coloring & bracelet supplies (Optional)		Please do not pack or send any magazines		
LINENS- ALC will provide pillows, wool blankets and cotton sheets if you choose not to bring your own				
Twin size fleece blankets (Optional)	2	Most campers prefer to bring their own fuzzy blankets		
Twin size sheets (Optional)	2 sets			
Pillow case (Optional)	2			
Pillow (Optional)	1			
Bath towels	2			
Beach towels	2			
Sleeping bag (optional)	1	Recommended for cold nights and Out of Camp Trips. With stuff sack, synthetic fill recommended as it stays warm when wet		
SPORTS EQUIPMENT- these are optional- we do have equipment to borrow				
Tennis racquet, lacrosse/field hockey stick, goggles, Molded mouthguard		Must use a mouthguard if playing field hockey or lacrosse		
RIDING EQUIPMENT- See important safety details below* Please bring if you have your own or we have gear to borrow				
Riding pants	1	Tight-legged jeans or jodhpurs		
Riding boots	1	See notes below- must have smooth soles- no hiking boots		
Riding helmet	1	The helmet must meet the ASTM #F1163-15 or #F1163-23 standard and bear the SEI seal. Newly purchased helmets should be the ASTM #F1163-23 standard.		
*Riding Pants and Riding Boots: Safety is a constant focus of the ALC Riding staff. Appropriate riding apparel is necessary to help guard the campers against accidental injury. Each camper choosing to participate in the riding program will be required to wear a riding hard hat, long pants (not too loose), and boots or sturdy shoes with heels. The footwear must have smooth soles; hiking boots cannot be used since they can get caught in the stirrups and present a definite hazard to a rider. Riding Vest/Riding Back Protector: If your child has a riding vest (or back protector), please feel free to send it with her. Riding Helmets: ALC has invested in horseback riding helmets that meet the American Society of Testing Materials (ASTM) #F1163-15 or #F1163-23 standard for safety and bear the seal of the Safety Equipment Institute (SEI). Campers may borrow a helmet from ALC or may bring their own riding helmet from home. Campers borrowing from ALC will be sharing the helmet with several other campers. If a camper brings her own helmet, it must be in good condition, must not have been dropped or received any impact blows and be no more than 5 years old. Helmets must have the ASTM #F1163-15 or ASTM #F1163-23 standard. If purchasing a new helmet, it must have the ASTM #F1163-23 standard. In order to avoid lost items EVERYTHING must be clearly marked with: SEWN-ON NAME TAPES (MCO will sew in if clothing is ordered by May 1) OR if you choose to use stick-on clothing labels, please test them to make sure they do not come off in the laundry. Sewn-on name tags are definitely the most reliable way to avoid lost clothing.				
TRIP EQUIPMENT (optional)- Some of these items can be borrowed from camp or from friends. **Recommended for Blazers and Guides (12-15 year olds) who go on Out of Camp Trips**				
Wool socks*	2			
Winter hat	1			
Polypropylene long sleeved top & bottom (Long Underwear NOT cotton)	1			
Waterproof Rain pants	1			
Hiking Boots	1	Campers who are interested should bring actual hiking boots - Lightweight hiking boots, laced high-top walking shoes, or heavier hiking boots		
Sleeping bag	1	Recommended for cold nights and Out of Camp Trips. With stuff sack, synthetic fill recommended as it stays warm when wet		
Sleeping pad	1	Ridgerest or Thermarest recommended		
Backpack - day hiker type	1	Optional		
Frame pack (Blazers & Guides only)		Optional (ALC has packs campers can borrow)		