

2026 JUNIOR CT PACKING LIST

As a CT, we know you are experienced at the art of packing for camp so this is just a friendly reminder of what to pack for the summer! There are a few new items to be sure to pack for your CT trip, pre-camp and time off.

ITEMS FOR PACKING	# Needed	NOTES	#Packed at home	#Packed at camp
REQUIRED - OFFICIAL ALC CLOTHING available only through Maine Camp Outfitters (MCO)				
ALC Navy Shorts	4	As a CT, you may bring your own shorts to camp as long as they meet the following expectations: solid navy blue, 5-7" in-seam, no visible logo and one pair must be cotton, twill type for Sundays. Of course, you may continue to wear MCO shorts if you wish to do so.		
ALC Blue T-Shirts with logo	4	You may order staff shirts from MCO		
ALC White T-Shirts with logo	2	You may order staff shirts from MCO		
ALC Navy Sweatshirt	1	(hooded or crew) with logo		
OTHER NECESSARY CLOTHES- Items with * are available from Maine Camp Outfitters				
Fleece type jacket	1	Navy blue preferred		
Navy sweatpants*	1			
Long sleeve white t-shirt*	1	MCO's has logo		
Blue jeans	2			
Socks: cotton crew*	12			
Underwear*	12			
Warm sleepwear*	1			
Lightweight sleepwear	1			
Swimsuits*	3 or 4	Bathing suits can be either one or two piece, but because our CTs are so active while on the water, we ask that you wear only sport style suits that allow full participation in all activities.		
White bathing cap	1	JR CTs wear them for the Swim Across the Lake.		
Swim goggles	1	Required for JR CTs		
Warm bathrobe	1	Optional		
WATERPROOF Rain Jacket with hood and Rain Pants	1	It is really important to have waterproof rain gear for the CT trip and daily life at camp. Should be able to fit a layer or two under.		
Non-Camp Clothes for pre-camp & time off		Please remember that pre-camp clothing needs to be 'work' clothes. Most people wear athletic shorts and t-shirts and other comfortable clothes!		
FOOTWEAR				
Rain boots	1			
Lightweight hiking boots, laced high-top walking shoes, or heavier hiking boots	1			
Sneakers	2			
Crocs or Teva/Keen type sandals	1			
Flip-flops	1	Optional: for use in showers		
PERSONAL ITEMS				
Toiletries & shower caddy		Toothbrush & toothpaste, soap, shampoo, deodorant, brush, etc. Shower caddy is optional.		
Sunblock & Insect repellent		Waterproof & not aerosol spray		
Stationery & stamps, pens/pencils		Self-seal envelopes are the best for humid weather!		
Books		CTs sometimes bring favorites to share with campers in addition to their own reading materials		

Camera		Optional		
Musical Instrument		Optional		
ALC songbook		Especially important for JR CTs		
LINENS- If you choose not to bring your own bedding, ALC will provide it.				
Blanket, sheets, pillow, pillow case	1	Optional		
Bath towels	2			
Beach towels	3-4			
Hand towels	2			
Sleeping bag	1	Sleeping bag will be used on the JR CT trip. A 30-40°F synthetic fill bag is recommended. A compression stuff sack is also recommended, the smaller your sleeping bag can pack down the better.		
TRIP EQUIPMENT - REQUIRED FOR JR CT TRIP				
Short sleeve wicking shirt*	1	Must be solid Navy or White		
Wool socks*	2			
Long Underwear (top and bottom)	2 sets	NO COTTON. For active use on chilly days and keeping warm at night.		
Winter hat	1			
50L+ Frame pack/Dry Bag		Can be borrowed if you don't have one.		
Sleeping Pad	1	A closed cell full body length Thermarest Z Lite is a good option. There are also many open cell (blow-up) options on the market that offer added comfort. Can be borrowed from OOCT.		
OTHER EQUIPMENT				
Flashlight and/or headlamp	1-2	Please pack three sets of batteries		
Crazy Creek type chair*	1	Optional		
Backpack day hiker type	1			
Water bottles*	2	1 quart size and dishwasher safe. Nalgene brand recommended as they can be washed easily.		
SPORTS EQUIPMENT				
Tennis Racquet, lacrosse/field hockey sticks, goggles, molded mouthguard	1	Optional - must have mouthguard if playing these sports		

In order to avoid lost items **EVERYTHING** must be clearly marked with **SEWN-ON NAME TAPES** (MCO will sew in if clothing is ordered by May 1st) OR if you choose to use stick-on clothing labels, please test them to make sure they do not come off in the laundry. Sewn-on name tags are definitely the most reliable way to avoid lost clothing.